

UNDER THE BRIDGE

Newsletter for Last House On The Block Society



August 2014

Welcome to the August issue of Under the Bridge, the free newsletter of Last House on the Block Society. We are pleased to announce the appointment of an additional Director. Trish Boutilier-Eisenhauer was added to our voluntary Board of Directors. In addition to being employed in the personal care industry, Trish also bakes a mean cheesecake. We currently have a fund-raising event underway wherein we will be raffling off one of her awesome cheesecakes. There's more information in this newsletter about that event.

The scarf project slowed down once the heat hit, but I have been told that the ladies are back at it. I enjoy summer as much as anyone in the Maritimes, but I have to admit I'm anxious for winter to get here so that we can begin distributing those beautiful scarves.

Organizations we plan to donate our diversity scarves to are:

Margeurite Center - Freedom Foundation - Alcare Place – Direction 180 – Souls Harbor Rescue Mission – Phoenix Youth Centre – Alice Housing – Micmac Friendship Center – Stepping Stone – Laing House – Club 24 – Adsum House - and Salvation Army Center of Hope. That's 13 organizations, plus theretwo events that are held by 12-step fellowships and we're looking at 10-15 scarves per donation. So, our goal still stands at 200 and we are within reach of that goal.

Some minor changes were made at our website. The meeting lists pages are combined into one page that contains links to the meeting pages from each fellowship. That way, we do not need to update our lists to reflect changes in meeting times or locations. And the newsletter page will feature ONLY the current newsletter.

Members of the Abenaki Aquatic Club held a barbecue on Thursday August 7 in support of Feed Nova Scotia and Last House on the Block Society. They raised \$150 for us so we would like to acknowledge their contribution. We have included some of the photos they took.



This article was written by a volunteer director of Last House on the Block Society. We encourage our readers to submit their own stories or articles. So if you have a story about life under the bridge or on the streets or if you are working or volunteering in this field, we'd like to hear from you. There is no payment for stories, articles, poetry or artwork submitted, however we will provide you with a printed copy of the newsletter.

Submissions should be addressed to:

Last House on the Block Society, 38 Trentonian Lane, Dartmouth, NS B2W 0C4.

You may also email them to us at : lasthouseontheblock@outlook.com

The Diversity Scarves

The scarves we provide are called diversity scarves. They are made from 3 different colors of wool, from odds and ends and often from discarded balls of wool. The idea is that many who suffer from addiction often feel discarded by society, yet when they break the chains of their addiction and go on the road to recovery they become a creation of warmth and beauty, like the diversity scarf. The three colors also symbolize that no matter what our gender is, or what our drug of choice may have been, it is our diversity that adds to our beauty.

How Are They Made?

Nancy has provided us with the basic pattern.

You use three different colors of wool all knitted together as one. Thick wool and thin wool can be used together.

Using size 10 knitting needles cast on 20 stitches, in rib of knit one pearl one until scarf is of a length to go from your hip around your neck and down to your other hip. This makes the scarf reversible and nice and thick to keep people warm.

We call it a diversity scarf because it is usually made from odds and ends and

discarded bundles (although it can be made from new yarn as well) which when combined, becomes a creation of beauty and warmth. Each scarf is unique and can be worn by any gender from any fellowship symbolizing that although we are each unique, our diversity only enhances our beauty.

CHEESECAKE RAFFLE

Last House on The Block Society is holding a cheesecake raffle. The cheesecake is baked by the newest addition to our voluntary Board of Directors, Trish Boutilier-Eisenhauer. The picture below is a sample of her work. Unfortunately, it's in black and white, but I can personally vouch that they are the best cheesecakes I have ever tried.



Tickets are \$1.00 each or 3 tickets for \$2.00. The draw date is August 30,

2014. If you know any of us personally, you can get tickets from us. Or you can give us a call or send us an email and we'll figure it out. As with all of our fund-raising events, all proceeds go directly to Last House on the Block Society.

ABOUT US

Last House on the Block Society is a non-profit organization that provides community outreach and/or information services to men and women in recovery from addictions to alcohol, drugs and gambling.

By directing persons in recovery to treatment services, self-help meetings, life skills, leisure activities, training and employment agencies, and by offering them support and encouragement, we hope to help them build a positive self-image so that they may re-integrate back into society.

Whenever possible, we will donate items of clothing to persons in recovery from addictions.

Board Of Directors

Bernie Schultz– President

Larry Moore – Vice President

Nancy Schultz – Recording Secretary

Heather Cousins – Secretary

Donna Horne – Treasurer

Deanna Timmons – Director

Trish Boutilier-Eisenhauer - Director

How To Contact Us

We don't have an office or a facility yet but our mailing address is:

38 Trentonian Lane, Woodlawn Village, Dartmouth. NS, B2W 0C4

Check out our website:

<http://lasthouseontheblocksociety.weebly.com>

Like our facebook page:

www.facebook.com/LastHouseOnTheBlockSociety

or become a member of our facebook group:

www.facebook.com/groups/lasthouseontheblocksociety

Follow us on Twitter @lasthouseonthebloc

or just send us an email and ask a question:

lasthouseontheblock@outlook.com

Submissions for Under The Bridge should be sent to the Editor, either by mail or email to the address above.

How To Be Involved

There are different ways to help with Last House On The Block Society. You can donate money or items (as many of you do). Please visit our website for info on how to donate. You can be one of our knitters (if knitting or crocheting is your thing). You can volunteer for fundraising events by getting on the fund-raising committee. Or if you'd like to be

directly involved in the decision-making process, you can make application to serve on our voluntary board of directors. Its a two-year term. We currently have 6 board members which is enough to operate the society, although our full complement is 11 board members. If you are in recovery from an addiction, we would prefer one year clean or sober.

This newsletter was compiled, manufactured, and distributed by one of the founding directors of Last House on the Block Society. All costs for publication, printing, and distribution are donated.

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